

Professional Development

Systemic Therapy Training

- 20 day intensive Systemic Trauma Training August 2011. Mark Wolynn
- 16 day intensive training Trauma Training April 2010. Johannes Schmidt
- 10 Day Residential Training Program Family Systems: Bernoit, Germany, May 2007
- 20 day intensive training program November 2007. Jane Peterson, Human Systems Institute, Portland, Oregon U.S.A.
- 20 day intensive training Systemic Family Dynamics – February 2007. Francesca Mason-Boring, Edmonton (Washington, U.S.A.)
- Multiple 2 day intensive trainings Trauma, Relationships, Systemic Dynamics in Families 2006-2011

Specific Professional Training

- Systemic Family Dynamics
- Adult experiences of early Bonding at Attachment Process
- systemic brief therapy;
- Ericksonian Hypnotherapy; medical hypnotherapy
- stress management;
- depression; anxiety; panic; addictions;
- grief and loss;
- Sand Tray Therapy;
- Cognitive Behavioural Therapy;
- Trauma, PTSD and EMDR;
- couple therapy / relationship dynamics;
- eating disorders;
- self soothing – i.e. alcohol, food
- reproductive health (menopause, perimenopausal, fertility);
- sexual health and fulfillment (sexual intimacy and sexual function) &
- Living with dying and palliative care
- Study group focusing on: Ericksonian Hypnotherapy; trauma recovery; and diagnostic assessment. Dr. T. Gillese (Psychiatrist): 5 years, Edmonton, Alberta.
- Dr. Evangeline Rand, Registered Psychologist: 4 year intensive study of Jungian psychotherapy, myths and rituals

Integrative Body Psychotherapy

- Certified Integrative Body Psychotherapist, 4 year program June 06

Robyn Mott PhD

REGISTERED PSYCHOLOGIST

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Employee Assistance Provider Experience

Alberta Medical Association: Contracted Psychologist Physician Assistance Support Program (EAP)

Canadian Armed Forces: External provider of psychological services

Top of The World Addictions Services, Calgary

Academic Qualifications

Post Doctoral Fellowship Certificate – Qualitative Research, Enhancing Qualitative Understanding of Illness Process and Prevention (EQUIPP) University of Alberta, International Institute for Qualitative Methodology, Faculty of Nursing, (CIHR funded). December 2004 - December 2006

Ph.D. University Of Alberta, Department of Educational Psychology, 1989
Dissertation: Women's Experience of the Premenstrum (PMS) as told by women

M.Ed. University of Alberta, Department of Educational Psychology, 1985
Thesis: Peer Consultation: A Individualized Approach for Faculty Development

Most Recent Academic Research Experience

- Breast Cancer research project, in association with Dr. Janice Morse, Ph.D. Scientific Director, International Institute of Qualitative Methodology, University of Alberta
- Relational ethics and ethical dilemmas for forensic practitioners (psychiatrists, psychologists, social workers, and psychiatric nurses) in association with Dr. Wendy Austin, Canada Chair, Department of Relational Ethics, Faculty of Nursing, University of Alberta
- Preparation of 2 Ethics research proposals with Dr. Wendy Austin, Dr. J. Van der Zalm (John Dossetor Centre for Bioethics, University of Alberta and Royal Alexandra Hospital).

Professional Experience

- Registered Psychologist, Riverwalk Counselling Services. Owner, 1992 –ongoing Multidisciplinary practice.
- University of Alberta Hospital, Psychologist, Organ Transplant Team, 2007-2010
- Psychology Intern. Student Counselling Services, University of Alberta, Ph.D. internship. Dr. Allen Vander Well, 1988-1989.
- Chartered Psychologist. Northland Family Counselling Services, 1989-1990.
- Chartered Psychologist. Personal Development Centre, Edmonton, Alberta, 1985-1988

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Teaching Experience

Peer Consultation Team, University of Alberta

- Original member of the consultant team created to assist university faculty members to enhance teaching and learning; workshop presentations and training of new consultants. 1982-1985.

Workshop Presenter

- Facilitator Family Systems Constellations workshops, Edmonton
- Professional Workshops provided to Edmonton and Alberta Family Physicians via workshops held in their individual practices, presentations at monthly conferences, and at annual conference in Banff.
- Numerous workshops provided at conferences for Alberta women
- Topic-focused group sessions facilitated for psychotherapy participants

Clinical and Classroom Teaching

- Department of Dental Hygiene, Faculty of Dentistry, University of Alberta. September 1979 – June 1983. Classroom and clinical teaching

Passions

Singing, musical theatre, theatre, piano, harp, guitar, theatre, swimming, our dogs, family and friends